

PATIENT BROCHURE

EURneffy®

(2 mg nasal adrenaline spray)

How to identify a severe allergic reaction

Use EURneffy® immediately at first signs of a severe allergic reaction after exposure to an allergen, symptoms may include:

- Raised rash (like a nettle rash) or itching of skin
- Shortness of breath, wheezing
- Fast heartbeat
- Loss of bladder control
- Nausea, vomiting, diarrhoea or stomach cramps
- Swelling of the lips, throat, tongue, hands or feet
- Hoarseness
- Flushing
- Apprehension or fitting



DO NOT hesitate to use as the severity of symptoms can quickly change.

Ensure you, your child, your family, carers, co-workers and teachers know how and when to use EURneffy®.

For adverse events and reporting please see the back of the brochure.

ALK

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Storage and handling

Each single-use EURneffy® device contains one dose of adrenaline and comes in a blister pack with instructions for use.

Always carry 2 EURneffy® with you in case a 2nd dose is needed.



EURneffy® does not require any special storage conditions. If accidentally frozen, the nasal spray will not function. Allow the nasal spray to thaw for at least one hour; do not use if the content is still frozen or not completely thawed. Freezing does not affect the shelf life of the product.



Be sure to check the expiration date periodically and replace your EURneffy® before the expiration date.



(2 mg nasal adrenaline spray)

Guide for correct use for patients & carers

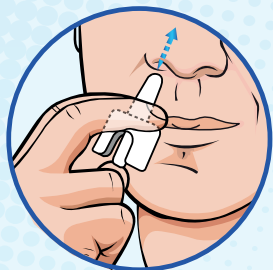
This training guide is designed to advise you on what you should do in the event of a severe allergic reaction or anaphylaxis. Both patients and carers should familiarise themselves with this guide to ensure they can recognise the symptoms of a severe allergic reaction and know how to safely and effectively administer **EURneffy**® 2 mg nasal spray.



1. Hold

Hold the nasal spray as shown. Hold the nasal spray with your thumb on the bottom of the plunger and one finger on either side of the nozzle.

DO NOT pull or push on the plunger.
DO NOT test or pre-spray; each nasal spray has only one dose.



2. Place

Insert the tip of nasal spray into a nostril until your fingers touch your nose. Keep the nozzle straight into the nose pointed toward your forehead.



3. Press

Press plunger up firmly until it snaps up and sprays into the nostril.

DO NOT angle the nasal spray to the inner or outer walls of the nose.

After using EURneffy®

Seek emergency medical assistance immediately (dial 999) as you might need further treatment for your anaphylaxis.

When using EURneffy®

If you're a parent or caregiver using **EURneffy**®, ensure the device is held correctly for proper administration. Patients should lie down with feet raised. If this makes you breathless, you can gently sit up. You should not change position suddenly and should lie down again as soon as possible. You should not stand up even if someone encourages you to. You should stay lying down even if you feel better. Pregnant women should lie on their left side. Unconscious patients should be placed on their side in the recovery position to prevent choking.

Monitor patient symptoms

If symptoms continue to worsen or reoccur after 5 minutes, or in case of any error in administration, use a new **EURneffy**® nasal spray, to give a second dose in the SAME nostril as the first dose and seek emergency medical assistance as you might need further treatment for your anaphylaxis.



What is EURneffy®?

EURneffy® is a nasal adrenaline spray for the use of adults and children with a body weight of 30 kg or more for the emergency treatment of severe allergic reactions, including anaphylaxis (sudden, severe and sometimes life-threatening allergic reactions), to insect stings or bites, foods, medicines and other allergens (substances that cause an allergy) as well as idiopathic anaphylaxis (the cause of anaphylaxis is not known) or anaphylaxis caused by exercise.

Educational materials for **EURneffy**®, including a copy of the package leaflet and instructions for use are available online at www.EURneffy.eu

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist, or nurse. This includes any possible side effects not listed in the patient leaflet. You can also report side effects directly via the Yellow Card Scheme at <https://yellowcard.mhra.gov.uk/> or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

Use EURneffy® as soon as you notice symptoms of a severe allergic reaction.

